

## A Few Words About Style

Before getting into the text, I should like to explain some stylistic decisions . . . Since the vast majority of art therapists are women, I have chosen to use the female pronoun when talking about the therapist. Although patients are of both genders, I have arbitrarily chosen to use the masculine pronoun when referring to them in a general fashion. I hope this decision will not mislead or offend the reader, since it seems to make for a smoother flow in the text. While I have tried to be “politically correct” in terminology, I apologize in advance to anyone who feels offended by my preference for language that is familiar to me.